भारतीय कुश्ती संघ
Wrestling Federation of India
Affiliated to : Ministry of Youth Affairs & Sports, Govt. of India
Indian Olympic Association
United World Wrestling

Selection Policy for Indian Wrestling Team

Asian Games - Wrestling Discipline

The Asian Games is a prestigious multi-sport international event, and wrestling is one of its core disciplines. In order to ensure fair, transparent, and merit-based selection of athletes, the Wrestling Federation of India (WFI) has formulated the following Selection Policy for selecting the Indian Wrestling Team for the Asian Games.

This selection policy shall apply to the selection of wrestlers in all Olympic weight categories for participation in the Asian Games. Selection trials are mandatory for all weight categories.

The Wrestling Federation of India (WFI) shall conduct and oversee the selection trials in accordance with the criteria outlined in this policy.

The selection trials will be conducted in the following **18 Olympic weight categories** as prescribed by United World Wrestling (UWW) and adopted by WFI for the Asian Games:

Free Style	57 Kg., 65 Kg., 74 Kg., 86 Kg., 97 Kg. & 125 Kg.
Greco Roman Style	60 Kg., 67 Kg., 77 Kg., 87 Kg., 97 Kg. & 130 Kg.
Women Wrestling	50 Kg., 53 Kg., 57 Kg., 62 Kg., 68 Kg. & 76 Kg.

Eligibility Criteria for Participation in Selection Trials

WFI will permit only the following wrestlers to participate in the Selection Trials:

- All medal winners of the 2025 Senior National Wrestling Championship
- All medal winners of the 2026 Federation Cup (Senior) Free Style, Greco Roman Style & Women Wrestling
- All medal winners of the 2026 Under-20 National Wrestling Championship
- All medal winners of the 2026 Under-23 National Wrestling Championship (if held before the trial).

Any wrestler who does **not** fulfill at least one of the eligibility criteria mentioned above shall **not** be permitted to participate in the selection trials under any circumstances.

Final selection of wrestlers for the Indian Wrestling Team for the Asian Games shall be based solely on performance in the selection trials and in accordance with WFI rules, technical evaluation, and competition requirements.

S. K. Singh

[Sanjay Kumar Singh]
President

E-81, Street No. 1, West Vinod Nagar, Delhi-110091, Mob.: +91-945210555
E-mail : IND@uww.org, Website : www.wrestlingfederationofindia.com
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